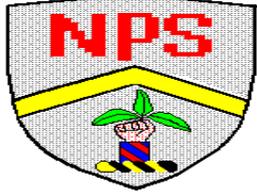


Summer Term Newsletter



End of Term Birthday Party

On the last day of term we had a birthday party for everybody – as so many children had lockdown birthdays.

As a special surprise, the ice cream van came and brought us all a tasty treat



Inset Day- Staff First Aid Training

All staff completed their second part of the paediatric first aid course today. It was very informative and all staff have renewed or completed training and can now deliver

treatment where needed – keeping our little ones extra safe!



KS1 Yoga

Every week until half term we have the pleasure of taking part in Friday afternoons yoga, it is great to see the children relax and unwind from their wonderful, busy week in school 😊



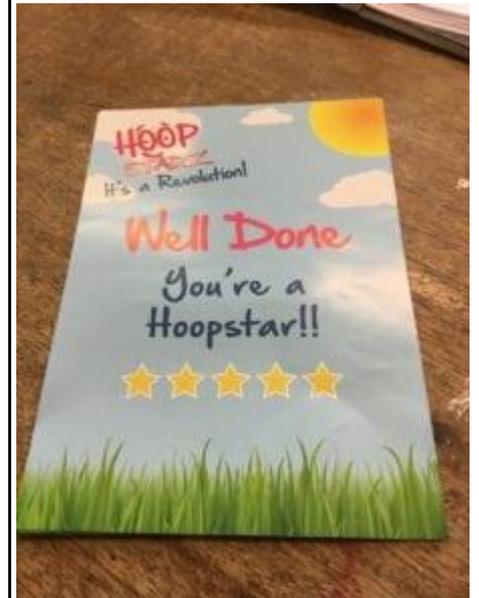
Hoopstarz

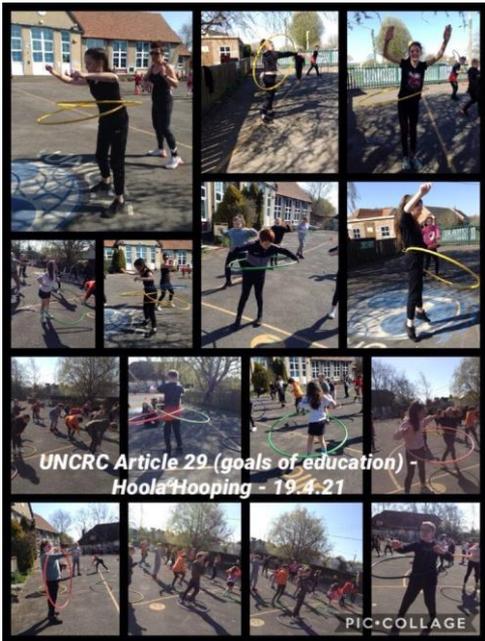
We had the pleasure of taking part in the amazing Hoopstarz session that we have all been waiting for. The weather was glorious as we learned to negotiate space in our hoop spacecrafts, how to spin out hoops and how to move them around our waist! We even made a hoop hut – which we had to move through without knocking over. All of the children had the biggest smiles and worked their socks off 😊





Thank you to Mrs Aspinall for organising a fantastic PE treat this week. Everyone enjoyed practicing their hula hooping skills. Some people even managed special tricks! Working as a team we made hula hoop huts too. Everyone received a certificate for being a Hoopstar!





The History Bloke

Class 3 and 4 had an amazing day this week learning all about their history topics. Richard, the history bloke brought in lots of amazing artefacts for the children to try on and explore. Richard is looking forward to coming back to show the younger children Toys from the past in the new academic year.

In Class 3 we became Ancient Roman soldiers.



In Class 4 the new topic is A Child's War.



Texts/Mail

We regularly send texts/mail to parents with details of events happening in school or just reminders. Please notify school if you haven't received any texts/mail in the last month. Your contact details may need updating.

School Website

Please continue to look at our school website on www.nettlesworth.durham.sch.uk for diary dates, latest news, celebrations, advice and information.

Absences

If your child is unwell, please contact school office as soon as possible by 9am. It is important that children attend school as often as possible because if they are not in school they cannot learn

Attendance

From 8 March, school attendance is mandatory and our usual rules on attendance will apply. As a reminder, your child should self-isolate and not come to school if they:

- o Have coronavirus symptoms or have tested positive
- o Live with someone who has symptoms or have tested positive
- o Are a close contact of someone who has tested positive

In line with the latest government guidance, pupils who are clinically extremely vulnerable should not attend school.

If your child is in this group, they should continue to learn from home until further notice.

For pupils who are self-isolating or shielding, we'll:

- o Continue to provide our remote learning offer via DB Primary and TEAMS daily sessions.

Please see link below for information on our school website about our remote learning offer.

<https://www.nettlesworth.durham.sch.uk/parents/remote-learning/>

Parent's Letter from Director of Public Health and Head of Education

Dear Parents and Carers,

Thank you for everything your family are doing to reduce the spread of coronavirus. Please find below information you need to know to help your child attend school safely.

Have coronavirus symptoms and need a test?

If anyone in your household has symptoms you need to book a PCR (Polymerase Chain Reaction) test as soon as possible. For more information and to book a PCR test visit

www.gov.uk/get-coronavirus-test or call NHS test and trace free on 119. As coronavirus symptoms in children can vary it is advised that children who are unwell should not attend school until they are well again.

Don't have coronavirus symptoms and need a test?

LFD (Lateral Flow Device) testing is a fast and simple way to test people who do not have symptoms of coronavirus but may still have the virus. It involves taking a throat and nose swab sample and processing the sample with a lateral flow device which provides a result within 30 minutes.

Visit

www.durham.gov.uk/covid19testandtrace for information on how you can book an LFD test or how to get tests to self-test at home.

Once you have completed your LFD

test you must register your results at www.gov.uk/report-covid19-result If you receive a positive result from your LFD test, NHS test and trace will ask you to take PCR test to confirm the result.

LFD tests are not to be used on primary school (or younger) children if they do not have symptoms and should only be used by the person they were issued to. If you or your secondary aged child has been provided with home testing kits, these tests must not be used by anyone else in the household, for example a parent or another child in the family. LFD testing detects around 60% of cases and is useful for picking up cases in people without symptoms, however you could be infected and test negative.

LFD tests should not be used by anyone who has coronavirus symptoms or if your child is self-isolating after being in close contact with a positive coronavirus case.

Self-Isolation

Anyone identified as being in close contact of a positive coronavirus case is legally required to self-isolate at home for 10 days to ensure they don't pass the infection on to others, even if they don't have symptoms.

This guidance still applies even if you have received one or more doses of a COVID-19 vaccine.

If required Durham County Council offers support to people having to self-isolate through the County Durham Together

Community Hub, details of which can be found at www.durham.gov.uk/covid19help or by phoning 03000 260 260.

Getting to and from school During peak times public transport can be very busy. If you can please consider using alternative modes of transport to get to and from school. The best way is to walk, cycle or scoot whenever possible, even once or twice a week makes a huge difference. Not only does it give you quality time outdoors improving yours and your child's health, but it also reduces pollution around the school. If you do choose to travel by car consider parking away from the school and walking a short distance to reduce congestion and making the school gates safer for everyone.

To find out more visit www.durham.gov.uk/article/24031/Getting-to-and-from-school, or speak to your school about the support they can give to alternative modes of transport. Don't forget we still need to maintain social distancing at drop off and pick up times at the school gates. please work with us and the school to keep everyone safe by keeping more than 2 metres apart wherever possible from people outside your household, to prevent the spread of Covid19. School leaders are working hard to make sure that children are safe in school and that the risk of the virus spreading is minimised. We all have a responsibility to keep our communities safe and we need the

support of parents, grandparents and carers when they are at the school gates.

The most recent guidance is set out in the link below:

<https://www.gov.uk/government/publications/how-to-stop-the-spread-of-coronavirus-covid19/how-to-stop-the-spread-of-coronavirus-covid-19>

Please keep your distance, please do not gather in groups and remember:

HANDS Wash your hands regularly and for 20 seconds.

FACE Wear a face covering in indoor settings where social distancing may be difficult, and where you will come into contact with people you do not normally meet.

SPACE Stay 2 metres apart from people you do not live with where possible, or 1 metre with extra precautions in place (such as wearing face coverings or increasing ventilation indoors)

Please continue to support our schools with the excellent work they are doing to educate your child and keep them safe.

Yours sincerely

Amanda Healy
Director of Public Health

Jim Murray

Head of Education and Skills
Adult and Health Services
Children and Young Peoples Service

Safeguarding Assembly

Disability Awareness, linking to UNCRC Article 23.

It was great to look at the word disability and what it means – especially sharing stories of children and teachers in our school with disabilities that can be seen as well as those that cannot be seen.

[Disability Awareness Assembly](#)

Check out Theo's story which we looked at after sharing our own:

[Coping with visual impairment – Theo's Story – BBC Teach](#)

[Home testing for coronavirus \(COVID-19\) for parents, carers and childcare and support bubbles](#)

[Home testing for coronavirus \(COVID-19\) for parents carers and childcare and support bubbles](#)